



MALAYSIAN ASSOCIATION OF CLINICAL BIOCHEMISTS (MACB)

Activities carried out from Jan – Jun 2026

The Malaysian Association of Clinical Biochemists (MACB) has organized a full lineup of events in 2026, including its annual conference, practical workshops, and online webinars.

The MACB's Jan- Jun 2026 calendar includes several webinars. Early in the year, the association focused on heart health with the theme "Latest Guidelines on the Measurement and Reporting of Lipids and Lipoproteins" (12 January 2026) and another on "Lipid Updates 2026: From Diagnostics to Therapy" (17 January 2026). Both events covered new updates on lipid testing.

MACB WEBINAR
Latest Guidelines on the Measurement and Reporting of Lipids and Lipoproteins

**JANUARY 13, 2026
TUESDAY
03.00 PM - 4.30 PM**

Moderator:
Dr Nada Syazana Zulkufli
Laboratory Director & Chemical Pathologist, Precision Diagnostics

Speaker:
Low Yoke Lee
Senior Manager, Strategic Planning & Innovation, Premier Integrated Labs

FREE REGISTRATION VIA MICROSOFT TEAMS

MORE INFO AND REGISTRATION LINK AT www.macb.org.my/webinar-lipoproteins-lipid-2026

Pic 1: Webinar: "Latest Guidelines on the Measurement and Reporting of Lipids and Lipoproteins"

Organised by: Chapter of Chemical Pathology & Metabolic Medicine (CPMM), College of Pathologists

In collaboration with: Academy of Family Physicians of Malaysia (AFPM), College of Physicians Malaysia (CoPM), MACB Malaysian Association of Clinical Biochemists

Lipid Updates 2026: From Diagnostics to Therapy

Speakers:
Dr Wong Ping Foo (Consultant, FMS, KK Cheras Baru | Council Chair (AFPM))
A/P Dr Aletza Mohd Ismail (Consultant Chemical Pathologist, HASAUTM | Vice President (CPMM))
Dr Huzairi Sani (Consultant Cardiologist, Pantai Hospital Klang | CoPM)

Moderator:
Dr Lai Yin Ye (Chemical Pathologist, HSAASUPM | CPMM)

17th Jan 2026, Saturday | 2:30 pm - 4:30 pm | Virtual Webinar

Open to Pathologists, Family Physicians, Internal Physicians, General Practitioners, Medical Officers & Clinical Biochemists

Highlights:

- Importance of Non-HDL-c reprofiling
- Novel equations for calculating LDL-c
- Current therapies and LDL-c targets in lipid management
- Challenging clinical cases in lipid care
- Q&A

Registration is **FREE**
Scan QR or register at: <https://www.macb.org.my/lipidupdates26/>

Formore information: chempathmm@gmail.com

Supported by: **Abbott** and **Premier Integrated Labs**

Pic 2: Webinar: "Lipid Updates 2026: From Diagnostics to Therapy"

Mid-year events focused on body health and daily laboratory work, featuring the "Rethinking Obesity: What Every Laboratorian Should Know" webinar (10 June 2026) to look at health risks beyond standard weight.

The poster is for an online MACB webinar. At the top, it says 'ONLINE MACB WEBINAR' and '“RETHINKING OBESITY: WHAT EVERY LABORATORIAN SHOULD KNOW”'. Below this, it states 'Exploring true biochemical patterns, metabolic risks, and evidence-based solutions.' The date and time are 'THURSDAY, 11 June 2026' and 'Start At 11:30AM - 01:00PM'. The speakers are 'Dr. Nada Syazana Zulkufli, MACB Education Sub-committee' and 'Pn Rohana Ahmad, Clinical Biochemist Q12, Hospital Raja Perempuan Zainab II, Kota Bharu'. The poster includes a QR code labeled 'SCAN ME' and a 'REGISTER NOW' button. The URL 'https://tinyurl.com/MACBORES' is provided at the bottom.

ONLINE MACB WEBINAR
**“RETHINKING OBESITY:
WHAT EVERY LABORATORIAN
SHOULD KNOW”**
Exploring true biochemical patterns, metabolic risks,
and evidence-based solutions.

THURSDAY, 11 June 2026
Start At 11:30AM - 01:00PM

Discussions & Insights

Objective
The objective of this session is to equip laboratorians with an updated, evidence-based understanding of the biochemical drivers of metabolic health and obesity, enabling them to look beyond traditional BMI metrics to better assess cardiovascular risks and improve their own personal well-being.

Learning Outcomes
By the end of this session, participants will be able to:

- Identify biochemical patterns across different body types.
- Understand the metabolic impacts of fat vs. muscle.
- Detect early cardiovascular risks using lab results.
- Recognize the hidden dangers of TON (Thin Outside, Fat Inside).
- Evaluate the scientific evidence behind fad diets and popular diets.
- Apply practical, daily health tips for laboratorians.

REGISTER NOW

Visit the link below
<https://tinyurl.com/MACBORES>

Pic 3: Webinar: “Latest Guidelines on the Measurement and Reporting of Lipids and Lipoproteins”